

**Dr Y S Parmar Government Medical College and Hospital, Nahan, Sirmaur, H.P.**

**Time- Table for MBBS PHASE-I Batch 2025-26**

TIME-DAYS	9:00 – 10:00AM	10:00 – 11:00AM	11:00 – 12:00PM	12:30 – 1:30PM	1:30 – 4:00PM
MONDAY	Anatomy Practical/ SGT /IT /Tutorials (D Hall)		Anatomy (Lecture LT-2)	Physiology (Lecture LT-2)	Physiology – Batch A Biochemistry – Batch B Practical/ SGT /IT /Tutorial
TUESDAY	Anatomy Practical/ SGT /IT /Tutorials (D Hall)		Anatomy (Lecture LT-2)	Biochemistry (Lecture LT-2)	Biochemistry – Batch A Physiology – Batch B Practical/ SGT /IT /Tutorials
WEDNESDAY	Anatomy Practical/ SGT /IT /Tutorials (D Hall)		Anatomy (Lecture LT-2)	Physiology (Lecture LT-2)	Anatomy (1st & 2nd week) (Practical/ SGT /IT /Tutorials) AETCOM (3rd & 4th week) (D-Hall)
THURSDAY	Physiology Batch-A Biochemistry Batch-B Practical/ SGT /IT /Tutorials		Physiology (Lecture LT-2)	Anatomy (Lecture LT-2)	Anatomy Practical/ SGT /IT /Tutorials (D Hall)
FRIDAY	Physiology Batch-B Biochemistry Batch-A Practical/ SGT /IT /Tutorials		Physiology (Lecture LT-2)	Biochemistry (Lecture LT-2)	Anatomy Practical/ SGT /IT /Tutorials (D Hall)
SATURDAY	Community Medicine (Lecture)	Physiology Practical/ SGT /IT /Tutorials LT-2		Anatomy (Lecture LT-2)	1st week- Biochemistry/ Integrated Session/ECE 2nd week- Anatomy/ physiology/ECE 3rd & 4th week- Community Medicine

**BATCH A- Roll no. 1-60**

**BATCH B- Roll no. 61-120**

EXAMINATION /FA Schedule – ANATOMY- 1st & 4th week, Physiology- 3rd week, Biochemistry- 2nd week.

Term-I- 20-09-2025 to 06-12-2025, Term-II 15-12-2025 to 31-03-2026, Term –III 09-04-2026 to 30-06-2026.

\*1st & 2nd week (Saturday 9:00-10:00AM) Biochemistry in Term-I & Term-II.

\*3rd & 4th week (Saturday 9:00-10:00AM) and FAP (Saturday 10:00-4:00PM) Community Medicine Term-I & Term-II

\* 1st week (Saturday 1:30-4:00PM) Biochemistry/ Integrated Session/ECE.

\* 2nd week (Saturday 1:30-4:00PM) Anatomy/ physiology/ECE.

**Principal**  
Dr.YSPGMC, Nahan (H.P)

**DR.Y.S.PARMAR GOVT. MEDICAL COLLEGE NAHAN, H.P**

**MBBS 1st Prof. Batch 2025-26**

**CBME Teaching Schedule MBBS 2025-26 DYSPGMC, Nahan**

**Foundation Course**

Date	9.30 AM to 10.30 am	10.30 am -12.00 noon	12.30-1.30 PM	1.30-4.00 PM	4.00-5.00 P.M.
22.9.25	Introduction to Foundation course and Overview of MBBS Program. Dr Shubhpreet (Anatomy Deptt.)	Welcome address by Principal, Parent Teacher Meeting / Formation of Parent Teacher Association		Orientation to Anatomy Department	----
Date	9:30A.M.-11:00 AM	11:00AM-12:30 PM		1.30-4.00 PM	4.00-5.00 P.M.
23.9.25	Anti-ragging law & policy: Rules and regulations of institution. Dr Ajay (Dept. of Dermatology)	History of medicine and Alternate system of medicine. AYUSH in India. Dr Harinder Jot Singh (Dept. of Physiology)		Orientation to Physiology Deptt. (Batch A) Orientation to Biochemistry Deptt. (Batch B )	Sports and extracurricular activities

24.9.25	Introduction to AETCOM module (Attitude, ethics and Professionalism). Dr Puneet Jain. (Dept. of Surgery)	National health policy and programmes: Dr Pallavi (Dept. Of Community medicine)	LUNCH BREAK	Orientation to Biochemistry Deptt. (Batch A ) Orientation to Physiology Deptt.. (Batch B)	Sports and extracurricular activities	
25.9.25	Future career options and opportunities: Dr Harinder Jot Singh (Dept. Of Physiology)	Interpersonal Relationship. Dr Sonali Kaushal (Dept. of Anaesthesia)		Development of English language skills	Sports and extracurricular activities	
26.9.25	Medical profession & Physician's role in society. Dr. Sanjay. (Deptt of Community medicine)	Health care system & it's delivery In India. Dr. Renu Chauhan (Dept of Community medicine)		White coat ceremony. Anatomy Deptt.	Sports and extracurricular activities	
27.9.25	Mentoring. Mentor. Mentee Programme. Dr Anita Negi (Dept. of Pharmacology)	Visit to Health centre. Batch A. Dr Resham, Dr Chitwan. (Dept. of Community Medicine)		Visit to Health centre. Batch A Dr Resham, Dr Chitwan. (Dept. of Community Medicine)	Sports and extracurricular activities	
29.9.25	Principles of Primary care: General and community based care . Dr Shuchi. (Dept. Of Community medicine)	Visit to Health centre. Batch B. Dr Pallavi, Dr Ramandip (Dept. of Community Medicine)		Visit to Health centre. Batch B Dr Pallavi, Dr Ramandip (Dept. of Community Medicine)	Sports and extracurricular activities	
30.9.25	Basic Life support Dr Anupam and Dr Deepanshu: (Department of Anaesthesia)	BLS- Workshop: Gp1- AED Gp2- Scene & patient assess Gp3- Air vent breathing Gp4- Chest comp. Dr Anupam and and Dr Deepanshu: (Department of Anesthesia)		BLS- Workshop: Gp1- Chest compression Gp2- AED Gp3- Scene and patient asses Gp4- Air vent breathing. Dr Anupam and Dr Deepanshu : (Department of Anesthesia)	Sports and extracurricular activities	
1.10.25	Time Management. Dr Navjot (Dept. Of Pathology)	PPE (Personal Protective Equipment): Donning and Doffing and hand hygiene. Dr Vipin. (Department of Microbiology)		Pandemic Module: History of Outbreaks, Epidemics & Pandemics Dr Bhanu kanwar (Department of Microbiology)	Sports and extracurricular activities	
3.10.25	Health Goals and Policies. Health scenario Dr Kamlesh (Dept. Of Community Medicine)	Use of Information technology and Artificial Intelligence. Dr Amod (Dept. of OBG)		Patient safety and biohazard safety. Dr Vipin chauhan Deptt. of Microbiology)	Sports and extracurricular activities	
4. 10.25	Pedogogy: Self Directed Learning. Dr Shabnum (Dept. Of radiotherapy)	Universal precautions and Vaccinations Dr Bhanu Kanwar (Dept. of Microbiology)		Development of Computer skills	Sports and extracurricular activities	
6.10.25	Biomedical waste management, Biosafety and Workshop. Dr Sheetal. (Dept. of Pathology)	Communication skills: Verbal and non verbal. Dr Archana Chauhan ( Deptt. Of Physiology)		Development of Computer skills	Sports and extracurricular activities	
8.10.25	Performing First Aid (Dept. of Surgery &Orthopedics)	Batch A: First Aid: Workshop in skill lab Batch B: Visit To wards/ Hospital (Dept. of Surgery &Orthopedics)		Batch B: First Aid: Workshop in skill lab Batch A: Visit To wards/ Hospital (Dept. of Surgery &Orthopedics)	Sports and extracurricular activities	
9.10.25	Stress Management. Dr Navdeep (Dept. Of Psychiatry)	Nasha Mukt Bharat Abhiyan: Deptt. Of Psychiatry, Dept. of Community Medicine and Dr.Ajay. Deptt. of Dermatology		Reflections Dr Rashmi (Dept. Of Community Medicine)	-----	

#### 1st TERM SYLLABUS

Date &	09:00 to 10:00 AM 10:00 to 11:00 AM	11:00 to 12:00 AM	12:00 to 12:30 PM	12:30 to 01:30 PM	01:30 to 04:00 PM
10.10.2025 Friday	Introduction to lab & Safe Lab Practices (Batch-A) PY 3.18-Computer assisted learning amphibian SGT (Batch -A)	PY 1.1 Mammalian Cell Lecture	LUNCH	BC1.1.- Introduction to Biochemistry	AN 1.1 Introduction to Anatomy, planes, terms of position & movement AN 2.1, 2.3 Bone DOAP Session
11/10/2025 Saturday	BC1.1 Molecular & functional organisation of cell, Sub cellular, component, function of Biological membrane.PY 3.18-Computer assisted learning amphibian SGT (Batch -A)	PY 1.2 Homeostasis Practical/SGT/Seminar/Tutorials		AN 66.1, 66.2 Connective tissue LectureAN 2.4, 71.2 Histology of cartilage Lecture	PY 1.2 Homeostasis SDL

13/10/25 Monday	AN 66.1, 66.2 Connective tissue (Histology) DOAP SESSION	AN 1.2, 71.1 Histology of Bone Lecture AN 2.3 Ossification AN 2.1, 2.2, 2.3 Bone Lecture	BREAK	PY 1.1 - Mammalian Cell Lecture	BC-14.1- Comonly used Lab Appartus equipment (Batch-B) PY 3.18-Computer assisted learning amphibian SGT (Batch -A)	
14/10/25 Tuesday	AN 2.4, 71.1, 71.2 Bone & cartilage (Histology) DOAP SESSION	AN 3.2, 67.2, 67.3 General features of Muscles Lecture			BC-14.1- Comonly used Lab Appartus equipment (Batch-A) PY 3.18-Computer assisted learning amphibian SGT (Batch -B)	
15/10/25 WEDNESDAY	AN 67.1 Muscles DOAPAN 7.8, 68.1 Ganglia and peripheral nerve (Histology) DOAP SESSION	AN 7.1, 7.2, 7.3, 7.4 Nervous system Lecture AN 7.8, 68.1, 68.2, 68.3 Structure of Neuron, Ganglia		PY 1.2 Homeostasis Lecture	AETCOM ANATOMY Dept. Module 1.4 Foundation communications	
16/10/25 THURSDAY	PY 3.18-Computer assisted learning amphibian SGT (Batch -A) BC 14.1- Biochemical Hazards and waste manegment (Batch-B)	PY 1.3-Intercellular communication Lecture		AN 65.1, 65.2, 70.1 Epithelium & Glands (Histology) Lecture	AN 65.1, 65.2, 70.1 Epithelium & Glands (Histology) DOAP SESSION	
17/10/25 FRIDAY	BC 14.1- Biochemical Hazards and waste manegment (Batch-B) PY 3.18-Computer assisted learning amphibian SGT (Batch -B)	PY 1.3,1.9-Intercellular communication Lecture		BC5.2- Classification of proteins structural organization.	AN 65.1, 65.2, 70.1 Epithelium & Glands (Histology) DOAP SESSION	
18/10/25 SATURDAY	CM 3.2 - concept of safe and wholesome water, sanitary sources of water, water purification process (LCT) CM 3.3- Family planning (FAP) visit (batch-A)	CM 2.1, 2.2- introduction to FAP, orientation to CBME logbook, allotement of families and their demographic profile and their FAP visit (batch-A)		CM 2.1, 2.2- introduction to FAP, orientation to CBME logbook, allotement of families and their demographic profile and their FAP visit (batch-A)		
20/10/2025 to 25/10/2025					DIWALI BREAK	
27/10/25 MONDAY	AN 65.1, 65.2, 70.1 Epithelium & Glands (Histology) DOAP SESSION	AN 5.1, 5.2, 5.3, 5.4, 5.6 Cardio-vascular system Lecture		"PY 1.4 Apoptosis and ageing Lecture"	PY3.18-Computer assisted learning amphibian SGT (Batch -A)BC14.2- PH meter (Batch-B)	
28/10/25 TUESDAY	AN 69.1, 69.2, 69.3 Cardio-vascular system (Histology) DOAP SESSION	AN 5.7, 5.8, 6.1, 6.2, 6.3 Cardio-vascular & Lymphatic system Lecture		BC3.1- Classification & reaction of carbohydrates	PY3.18-Computer assisted learning amphibian SGT (Batch -A)BC14.2- PH meter (Batch-A)	
29/10/25 WEDNESDAY	AN 69.1, 69.2, 69.3 Cardio-vascular system (Histology) DOAP SESSION	AN 4.3, 4.4 Superficial & deep fascia Lecture		"PY 1.6 Body fluid compartments (SDL/Lecture) Batch-A"	AETCOM ANATOMY Dept. Module 1.4 Foundation communications	
30/10/25 THURSDAY	BC14.3- Physical, Chemical properties & constituents of Normal urine (Batch- B) PY3.18-Computer assisted learning amphibian SGT	"PY 1.5-Cell transport Lecture"		AN 2.5, 2.6 Joint-I Lecture	AN 8.1, 8.2, 8.3 Clavicle DOAP SESSION	
31/10/25 FRIDAY	BC14.3- Physical, Chemical properties & constituents of Normal urine (Batch- A) PY3.18-Computer assisted learning amphibian SGT	PY 1.8-Resting membrane potential Lecture		BC3.1- Classification & reaction of carbohydrates	AN 2.5, 2.6 Joints-II Lecture	
01/11/25 Saturday	BC4.1- Classification & chemistry & reactions of lipids	PY 3.1,3.2- NerveFibers Lecture		AN 4.1, 4.5 Skin incisions & Dermatomes Lecture	ECE- BC1.1- Transport mechanism	
03/11/25 Monday	GENERAL ANATOMY TEST			PY3.1,Nerve fiber PY 3.2 Nerve properties, Action Potential Lecture	BC14.3- Abnormal constituents of Urine & dipstick Method (Batch-B)PY3.18-Computer assisted learning amphibian SGT (Batch -A)	
04/11/25 Tuesday	AN 8.1, 8.2, 8.3 Clavicle DOAP SESSION	AN 76.1, 76.2 Stages of human life; Embryology definitions embryo Lecture		BC4.1- Classification & chemistry & reactions of lipids	BC14.3- Abnormal constituents of Urine & dipstick Method (Batch-A)PY3.18-Computer assisted learning amphibian SGT (Batch -A)	

06/11/25 Thursday	BC14.3- Abnormal constituents of Urine & dipstick Method (Batch-B) PY3.18- Computer assisted learning amphibian SGT (Batch -A)	"PY 3.2, PY 3.8,PY3.17- Nerve properties, Action Potential Lecture	AK LUNCH BREAK	AN 77.3 Gametogenesis Lecture	AN 8.1, 8.2 Scapula DOAP SESSION
07/11/25 Friday	BC14.3- Abnormal constituents of Urine & dipstick Method (Batch-A) PY3.18- Computer assisted learning amphibian SGT (Batch -A)	PY 3.3- degeneration regeneration lecture/SGT		Class TEST	AN 9.1, 9.2, 9.3, 10.11 Pectoral region & Breast AN 8.1, 8.2 Humerus DOAP SESSION AN 77.3 Gametogenesis (Embryology Models) CADAVERIC OATH
08/11/25 Saturday	BC2.1- Classification & concepts of Enzymes , Isoenzymes, coenzymes	PY3.3,3.4,3.5 Neuromuscular junction Lecture		AN 9.1& 10.11 Pectoral region Lecture	ECE 2:00-5:00PM - ANATOMY Dept.Bone growth; Fractures & Repair (Radiology & Orthopaedics)
10/11/25 Monday	AN 9.1, 9.2, 9.3, 10.11 Pectoral region & Breast AN 8.1, 8.2 Humerus DOAP SESSION AN 77.3 Gametogenesis (Embryology Models)	AN 9.2,9.3 Breast Lecture		PY 3.6 Myasthenia Gravis Lecture	BC14.3- Abnormal constituents of Urine & dipstick Method (Batch-B)PY3.18-Computer assisted learning amphibian SGT (Batch -A)
11/11/25 Tuesday	AN 10.2,10.4,10.7 Axilla & Breast DOAP SESSION	AN 10.1, 10.4 Axilla-I Lecture		BC2.2- Principle of enzymes of activity	BC2.3- Abnormal constituents of Urine & dipstick Method (Batch-A)PY3.18-Computer assisted learning amphibian SGT (Batch -A)
12/11/25 Wednesday	AN 10.2,10.4,10.7 Axilla & Breast DOAP SESSION	AN 10.2 Axilla-II Lecture		PY 3.2, Types ,functions and properties of nerve	AN 8.1, 8.2, Radius DOAP
13/11/25 Thursday	BC- Practical Test (Batch-B) PY3.18-Computer assisted learning amphibian SGT PY3.18-Computer assisted learning amphibian SGT (Batch -A)	I "PY 3.12Nerve growth factors		AN 77.1, 77.2 Ovarian & Uterine cycle Lecture	AN 10.8 Muscles of Back AN 8.1, 8.2, 8.4 Ulna DOAP SESSION
14/11/25 Friday	BC-Practical Test (Batch-A) PY3.18-Computer assisted learning amphibian SGT (Batch -B)	(Practical/SGT/Seminar/Tutorial)PY 3.7.3.8 Organization of muscle lecture		BC2.3- Discuss enzymes inhibition, drugs as inhibitors & enzymes as therapeutic agents.	AN 10.10 Deltoid m AN 8.1, 8.2, 8.4 Ulna DOAP
15/11/25 Saturday	CM 3.2 - water quality standards, concept of water conservation and rain water harvesting (LGT), CM 2.1- steps to perform clinico social - cultural and demographic assessment of individual family and	CM 2.1, 2.2- introduction to FAP, orientation to CBME logbook, allotement of families and their demographic profile and composition(FAP) visit I (batch B)		CM 2.1, 2.2- introduction to FAP, orientation to CBME logbook, allotement of families and their demographic profile and composition	
17/11/25 Monday	AN 77.3 Gametogenesis (Embryology Models) AN 77.1, 77.2 Ovarian & Uterine cycle (Embryology Models)	AN- 10.10,10.13 Deltoid ms, Axillary N Lecture		PY3.8 properties in different muscle types (skeletal & smooth) lecture	BC-14.6- Colorimetry & spectrophotometry (Batch-A)PY 2.11 PBS DOAP Batch A
18/11/25 Tuesday	AN 10.9 Scapular spaces DOAP SESSION	AN 10.9 Scapular spaces & Anastomosis Lecture		BC-2.4- Enzymes & their isoenzymes & enzymes as various markers.	BC-14.6- Colorimetry & spectrophotometry (Batch-A)PY 2.11 PBS DOAP Batch B
19/11/25 Wednesday	AN 11.1, 11.2 Anterior compartment of Arm DOAP SESSION AN 77.4, 77.5, 78.1, 78.2, 78.3 Embryology Models	AN 10.12 Shoulder Joint Lecture		PY 3.10 muscle contraction lecture	AETCOM ANATOMY Dept.MODULE 1.5: Cadaver as our First Teacher
20/11/25 Thursday	BC-14.6- Colorimetry & spectrophotometry (Batch-B) PY 2.11 Arneth Count DOAP	PY2.1 Plasma protein Lecture		AN 77.4, 77.5 Fertilization Lecture AN 78.1, 78.2, 78.3 Blastocyst & implantation Lecture	AN 11.1, 11.2 Posterior compartment of Arm DOAP SESSION AN 78.4, 78.5 Embryo Models
21/11/25 Friday	BC-14.6- Colorimetry & spectrophotometry (Batch-A) PY 2.11 Arneth Count DOAP	FA Exam		BC-2.4- Enzymes & their isoenzymes & enzymes as various markers.	AN-11.3, 11.5 Cubital fossa DOAP SESSION AN 78.1 to 78.5 Embryo Models

22/11/25 Saturday	CM 3.4- Solid waste disposal, excreta disposal, medical sewage treatment (Tutorial) CM 4.2, 2.3 - communication process, types, health communication, barriers to good health and health seeking behaviour (FAD)	CM 4.2, 2.3 effective communication skills with family members, medical history taking, immunization history, file checking. visit 2 (batch A)	CM 4.2, 2.3 effective communication skills with family members, medical history taking, immunization history, file checking. visit 2 (batch A)	
24/11/25 Monday	AN 12.2, 12.3, 12.4 Anterior Compartment of forearm DOAP SESSION AN 78.4, 78.5 Embryo Models	AN-11.3, 11.5 Cubital fossa Lecture	PY2.3- synthesis and functions of Haemoglobin Lecture/SGT	BC14.20- Preanalytical errors (Batch-B)PY 2.11 Haemoglobin estimation DOAP Batch- A
25/11/25 Tuesday	AN 12.2, 12.3, 12.4 Anterior Compartment of forearm DOAP SESSION	AN 11.2, 11.4 Nerves & vessels of Arm Lecture	BC3.2- Digestion absorption & transport of carbohydrates	BC14.20- Preanalytical errors (Batch-A)PY 2.11 Haemoglobin estimation DOAP Batch- B
26/11/25 Wednesday	SUB-STAGE-I (UPPER LIMB) THEORY			
27/11/25 Thursday	BC14.7- Estimation of Glucose by semi autoanalyzer method & Demonstration of Lamberts Beer Law (Batch- B)PY 2.11 RBC Count	PY 3.1ANS Lecture	PY 2.2 Origin forms and function of PP Lecture	AETCOM ANATOMY Dept. MODULE 1.5: Cadaver as our First Teacher
28/11/25 Friday	BC14.7- Estimation of Glucose by semi autoanalyzer method & Demonstration of Lamberts Beer Law (Batch- A).PY 2.11 RBC Count DOAP	PY 3.1ANS Lecture	AN 78.4, 78.5 Embryology (Week 2 of devpt) Lecture	SUB-STAGE-I (UPPER LIMB) PRACTICAL
29/11/25 Saturday		PY2.4- RBCformation (erythropoiesis & its regulation) Lecture/SGT/Tutorial)	BC3.3- Glycolysis	AN 12.14, 12.15 Posterior Compt of forearm DOAP SESSIONFA FEEDBACK SESSION (Gen anat test)
01/12/25 Monday	AN 8.3, 8.4 Articulated hand AN 13.5 Radiology DOAP SESSION	AN 11.6 Elbow joint Lecture	AN 79.1, 79.2, 79.3, 79.5 Embryology (Week 3 of devpt) Lecture	
02/12/25 Tuesday	AN 12.5, 12.6 Hand AN 13.5 Radiology AN 13.6, 13.7 Surface Marking DOAP SESSION	AN 13.13 Radio ulnar joint Lecture	PY2.6 Granulopoiesis and its regulation	BC-14.8- Estimation of Urea, BUN (Batch-B)PY 2.11 Blood indices DOAP Batch A
3.12.2025 Wednesday	AN 12.5, 12.6 Hand AN 13.5 Radiology AN 13.6, 13.7 Surface Marking DOAP SESSION	AN 12.5, 12.6 Hand-I Lecture	BC3.3- TCA	BC-14.8- Estimation of Urea, BUN (Batch-A)PY 2.11 Blood indices DOAP Batch B
04/12/25 Thursday	BC14.10- Estimation of Serum uric acid (Batch-B) PY 2.11 WBC Count DOAP	PY 2.5 anaemias & Jaundice Lecture	PY 2.5 anaemias & Jaundice Lecture	AN 79.6, 80.4, 81.1, 81.2, 81.3 AN 80.2, 80.3, 80.5, 80.7 Embryo Models
05/12/25 Friday	BC14.10- Estimation of Serum uric acid (Batch-A) PY 2.11 WBC Count DOAP	PY2.7 platelets, functions and variations Lecture	AN 79.4, 80.1, 80.6 Embryo (Folding & foetal membranes) Lecture	AN 12.7 Hand-II Lecture
06/12/25 Saturday	BC-3.3- Glycogen metabolism.	PY2.7 hemostasis and,anticoagulants. Lecture	BC3.3- TCA	AN 12.9, 12.10 Palmar spaces of Hand Lecture
08/12/25 Monday	AN 79.6, 80.4, 81.1, 81.2, 81.3 Embryo (Twining & pre-natal tests) Lecture	AN 13.14 Wrist joint & Ist CM joint Lecture	80.7 Embryo (Placenta & umbilical cord) Lecture	ECE- BC3.3- Gluconeogenesis
			PY 2.9 Blood groups Lecture	BC14.20- Analytical & post analytical errors (Batch-B) PY 2.11-BT/CT DOAP (Batch A)

LUNCH  
BREAK

LUNCH

09/12/25 Tuesday	EMBRYOLOGY & HISTOLOGY TEST	AN 12.12, 12.13 Radial Nerve Lecture		
10.12.2025 Wednesday	AN 21.1 Sternum DOAP SESSION	AN 12.4 Median Nerve Lecture		
11/12/25 Thursday	BC14.9-Estimation of Serum creatinine & creatinine clearance (Batch-B) PY 2.11 Blood group DOAP	PY 5.1-Intro to CVS Lecture		
12/12/25 Friday	BC14.9-Estimation of Serum creatinine & creatinine clearance (Batch-A) PY 2.11 Blood group DOAP Batch B	PY 5.2- Properties of cardiac muscle Lecture		
13/12/25 Saturday	BC3.3- HMP pathway	PY 5.2-Cardiac cycle Lecture		
15/12/25 to 20/12/2025	TERM-I EXAMINATION			
22/12/2025 Monday	AN 21.1 Typical thoracic vertebrae DOAP SESSION	AN 21.8, 21.10 Joints of Thorax Lecture		
23/12/2025 Tuesday	AN 21.1 Typical ribs DOAP SESSION	AN 21.9 Movements of respiration Lecture		
24/12/2025 Wednesday	AN 21.4, 21.5 Intercostal space AN 21.3 Atypical ribs DOAP SESSION	AN 21.4, 21.5 Intercostal space I Lecture		
26/12/2025 Friday	BC- Revision - Batch-A Revision PY 11.13 General physical examination BATCH-B	PY 5.4 Cardiac impulse Lecture		
27/12/2025 Saturday	CM 3.5- Standards of housing and effect of housing on health (Tutorial), CM 4.1, 4.2, 4.4 - health education, health approaches and models principles and practice of health education (FAP)	CM 4.2, 2.3 effective communication skills with family members, medical history taking, immunization history, file checking. visit 2 (batch B)		
29/12/2025 Monday	AN 21.10 Mediastinum DOAP	AN 21.10 Mediastinum Lecture		
30/12/2025 Tuesday	AN 25.1 Respiratory sys (Histology)DOAP	AN 25.1 Respiratory system (Histology) Lecture		
31/12/2025 Wednesday	AN 25.1 Respiratory sys (Histology)DOAP AN 25.2 Embryology Models	AN 25.2 Development of Respiratory system Lecture		
01/01/26 Thursday	BC14.17- Various body fluids & composition of CSF (KH) (Batch-B) PY 5.15 Examination of CVS DOAP Batch-A	PY 5.5-ECG Lecture		
02/01/26 Friday	BC14.17- Various body fluids & composition of CSF (KH) (Batch-A) PY 5.15 Examination of CVS DOAP Batch-B	PY 5.7-Haemodynamic Lecture		
03/01/26 Saturday	BC2.1- Enzymes Classification	PY 5.9-Cardiac output Lecture/SGT		
05.01.26 Monday	AN 25.2, 25.4 Development of Heart Lecture & SDL activity	AN 25.3, 25.5 Development of Heart Lecture I		
BREAK				
		BC-3.3- Glycogen metabolism.	BC14.20- Analytical & post analytical errors (Batch-A) PY 2.11-BT/CT DOAP Batch B	
		PY 5.1 Intro to CVS Lecture	AN 13.2 Cutaneous Inn & Dermatomes Lecture	
		AN 12.7, 12.8 Ulnar Nerve Lecture	AN 21.1 Typical thoracic vertebrae DOAP SESSION	
		BC3.3- HMP pathway	AN 21.1 Typical ribs DOAP SESSION	
		AN 21.3 Thoracic inlet & cavity Lecture	ECE Physiology Visit to Electrophysiology lab	
		TERM-I EXAMINATION		
		PY 5.2-Cardiac cycle Lecture	PY 11.13 General physical examination BATCH-A DOAP BC14.11- Estimation of Serum proteins (Batch-B)	
		BC-4.1- LIPID Chemistry	PY 11.13 General physical examination BATCH-B DOAP BC14.11- Estimation of Serum proteins (Batch-A)	
		PY 5.4 Cardiac impulse Lecture	AETCOM Physiology	
		BC-4.2- LIPID Chemistry	AN 21.4, 21.5 Intercostal space II Lecture	
		CM 4.2, 2.3 effective communication skills with family members, medical history taking, immunization history, file checking. visit 2 (batch B)		
		PY 5.4 Cardiac impulse	PY 5.13 ECG DOAP BATCH-B DOAP	
		BC- 5.1- Protein Chemistry	PY 5.13 ECG DOAP BATCH-B DOAP	
		PY 5.5-ECG Lecture	AETCOM Physiology	
		AN 24.1 Pleura Lecture	AN 24.1, 24.2, 24.4, 24.5 Lungs & Pleura	
		BC- 5.2- Protein Chemistry	AN 24.2, 24.4, 24.5 Lung I Lecture	
		AN 24.3 Lung II BP segments Lecture	ECE- BC2.2- Enzymes	
		PY 5.9-Cardiac output Lecture	BC14.13- Estimation of serum bilirubin semi autoanalyzer (S, P) (Batch-B) PY 5.12 Examination of Pulse DOAP Batch-A	

06.01.26 Tuesday	FA – SUB-STAGE I (Thorax)		REAK LUNCH BREAK LUNCH BREAK	BC2.3- Enzymes	BC14.13- Estimation of serum bilirubin semi autoanalyzer (S, P) (Batch-A) PY 5.12 Examination of Pulse DOAPBatch-B	
07.01.26 Wednesday	AN 25.7, 25.9 Surface Marking (Pleura & Lung) AN 22.2 Heart DOAP SESSION AN 25.7, 25.8 Radiology DOAP SESSION	AN 25.3, 25.5 Development of Heart II Lecture		PY5.9-Blood pressure lecture	AN 25.7, 25.9 Surface Marking (Pleura & Lung) AN 22.2 Heart DOAP SESSION AN 25.7, 25.8 Radiology DOAP SESSION	
08.01.26 Thursday	BC ....Pancreatic function test and gastric juice analysis .. BATCH (B) PY 5.12 Recording of	PY5.9-Blood pressure lecture/SGT		AN 22.1, 22.2 Pericardium & Heart I Lecture	AN 25.6 Development of arteries Lecture & SDL Activity	
09.01.26 Friday	BC ....Pancreatic function test and gastric juice analysis .. BATCH (A) PY 5.12 Recording of	PY5.8 CVS Regulation Lecture		BC2.4 & 2.5- Enzymes	AN 22.3, 22.4 Heart II Lecture	
10.01.26 Saturday	BC3.2- Digestion absorption & transport of Carbohydrates	PY5.8 CVS Regulation Lecture SGT		AN 22.5, 22.6, 22.7 Heart III Lecture	ECE ANATOMY	
12.01.26 Monday	AN 25.9 Surface marking AN 25.7, 25.8 Radiology DOAP SESSION	AN 23.3, 23.4 Aorta & SVC Lecture AN 23.5,23.6 Thoracic Sympathetic chain		PY5.10 Regional circulation lecture	BC14.12- Estimation of serum total cholesterol (Batch-B) PY 5.12- Effect of posture on blood pressure BATCH-A DOAP	
13.01.26 Tuesday	AN 25.9 Surface marking AN 25.7, 25.8 Radiology DOAP SESSION	AN 23.1, 24.6 Trachea & Oesophagus Lecture AN 23.2 Thoracic duct Lecture		BC3.3- Glycolysis	BC14.12- Estimation of serum total cholesterol (Batch-A) PY 5.12- Effect of posture on blood pressure BATCH-B DOAP	
14.01.26 Wednesday	Final Stage Theory (Thorax)			PY 6.1 functional	Final Stage Practical (Thorax)	
15.01.26 Thursday	BC14.15- Estimation of Serum HDL (Batch-B) PY 5.12- Effect of exercise on blood pressure BATCH-A DOAP	PY6.2 Mechanic of breathing Lecture		AN 52.6 -Development of GIT I & II Lecture	AN 50.1, 50.2, 50.3, 50.4 Lumbar Vertebrae & Sacrum DOAP SESSION	
16.01.26 Friday	BC14.15- Estimation of Serum HDL (Batch-A) PY 5.12- Effect of exercise on blood pressure BATCH-B DOAP	FA exam PY 5.1 to 5.10		BC3.3- TCA	AN 50.1, 50.2, 50.3, 50.4 Lumbar Vertebrae & Sacrum DOAP SESSION AN 52.6 Devp of GIT (Embryology Models)	
17.01.26 Saturday	CM 3.3 etiology and basis of water born diseases/jaundice/hepatitis/diarrhoea diseases (LGT), CM 2.2, 3.5 socio-economic status, environmental details, (FAP)	CM 2.2, 3.5 assessment of socio-economic status, standards of housing and its effects on health, light and ventilation, file checking (FAP) (batch A) visit 3		CM 2.2, 3.5 assessment of socio-economic status, standards of housing and its effects on health, light and ventilation, file checking (FAP) (batch A)	CM 2.2, 3.5 assessment of socio-economic status, standards of housing and its effects on health, light and ventilation, file checking (FAP) (batch A)	
19.01.26 Monday	AN 50.1, 50.2, 50.3, 50.4 Lumbar Vertebrae & Sacrum DOAP SESSION AN 52.6 Devp of GIT (Embryology Models)	AN 52.6 Development of GIT III Lecture		PY 6.3 transport of respiratory gases	BC14.14- Estimation of calcium, phosphorous & result interpretation (Batch-B) PY6.9 clinical examination of the respiratory system DOAP Batch A	
20.01.26 Tuesday	AN 44.2, 44.6 Anterior Abdominal wall DOAP SESSION	AN 44.1, 44.2 Anterior Abdominal wall I Lecture		BC3.3- Glycogen metabolism	BC14.14- Estimation of calcium, phosphorous & result interpretation (Batch-A) PY6.9 clinical examination of the respiratory system DOAP Batch B	
21.01.26 Wednesday	AN 44.2, 44.6 Anterior Abdominal wall DOAP SESSION	AN 44.3, 44.6, 44.7 Anterior Abdominal wall II Lecture		PY 6.3 transport of	AETCOM Physiology	
22.01.26 Thursday	BC14.16- Estimation of SGOT/ AST (Batch-B) PY6.8 Spirometry DOAP	PY 6.4 high altitude		AN 44.4 Inguinal region DOAP	AN 44.4, 44.5 Inguinal region – I Lecture & DOAP SESSION	
23.01.26 Friday	BC14.16- Estimation of SGOT/ AST (Batch-A) PY6.8 Spirometry DOAP	PY6.6 Hypoxia Lecture SGT		BC3.3- HMP Pathway	AN 46.1, 46.2, 46.3 Inguinal region – II Lecture	

24.01.26 Saturday	CM 3.6.1 classification and transmission of arthropod born diseases, principles of arthropod control, CM 3.6, 3.4 integrated vector management technique for vector born diseases, solid waste disposal (FAP) LGT	CM 2.2, 3.5 assessment of socio-economic status, standards of housing and its effects on health, light and ventilation, file checking visit 3, (FAP) (batch B)	CM 2.2, 3.5 assessment of socio-economic status, standards of housing and its effects on health, light and ventilation, file checking visit 3, (FAP) (batch B)	CM 2.2, 3.5 assessment of socio-economic status, standards of housing and its effects on health, light and ventilation, file checking visit 3, (FAP) (batch B)
27.01.26 Tuesday	AN 46.1, 46.2, 46.3 Male external genitalia DOAP	AN 46.4, 46.5 Male external genitalia Lecture	BC3.3-Gluconeogenesis	REVISION- BC14.14- Estimation of calcium, phosphorous & result interpretation (Batch-A)
28.01.26 Wednesday	AN 47.1, 51.1, 51.2 Peritoneum DOAP SESSION	AN 47.1, 51.1, 51.2 Peritoneum I Lecture	PY6.7 Regulation of respiration lecture	PY 6.7 Lung function test
29.01.26 Thursday	BC14.16- Estimation of SGPT/ ALT(Batch-B) PY 11.14- Basic Life Support in a simulated environment SGT Batch A	PY 6.7 Regulation of respiration lecture	AN 47.2 Peritoneum II Lecture	AN 47.2 Peritoneum DOAP SESSION
30.01.26 Friday	BC14.16- Estimation of SGPT/ ALT(Batch-A) PY 11.14 Basic Life Support in a simulated environment SGT Batch B	PY 6.7 Regulation of respiration SGT	BC3.4-Carbohydrate Metabolism pathway disorders	AN 47.5 Stomach DOAP SESSION
31.01.26 Saturday		PY 4.1,4.2 Describe the composition, mechanism of secretion,functions, and regulation of saliva. Lecture	AN 52.1 Histology of GIT & Oesophagus & Stomach Lecture	
02/02/26 Monday	FA SUB-STAGE I ABDOMEN (incl. Embryology)		PY 4.1,4.2 Describe the composition, mechanism of secretion,functions, and regulation of saliva. Lecture	BC14.16- Estimation of Alkaline phosphatase/ ALP (Batch-B) REVISION- PY6.9 clinical examination of the respiratory system DOAP Batch A
03/02/26 Tuesday	AN 47.5 Stomach DOAP SESSION AN 47.5, 52.1 Stomach (Gross & Histo) DOAP	AN 47.5 Stomach Lecture	BC4.3- Fatty acid oxidation	BC14.16- Estimation of Alkaline phosphatase/ ALP (Batch-A) REVISION- PY6.9 clinical examination of the respiratory system DOAP Batch B
04.02.2026 Wednesday	AN 47.5 Intestines (Caecum, Appendix) AN 55.1, 55.2 Surface marking of abdomen DOAP SESSION	AN 47.5, 52.1 Intestines (SI & LI differences) Lecture	PY4.2 Liver & gall bladder,Pancreas lecture	AN 47.5, 52.1 Spleen; Stomach (Histology) DOAP SESSION
05/02/26 Thursday	BC14.19- Organ function test Thyroid (Batch-B) REVISION- PY6.8 Spirometry DOAP Batch A	PY4.2 Liver & gall bladder,Pancreas lecture	AN 47.5, 47.6, AN 52.1 Spleen Gross & Histology Lecture	AN 52.1 Histology of Intestines (SI & LI) Lecture
06/02/26 Friday	BC14.19- Organ function test Thyroid (Batch-A) REVISION- PY6.8 Spirometry DOAP Batch B	PY4.2,PY4.3-Intestine secretion movements Lecture	BC4.3- Ketone bodies	AN 47.9 Arterial Supply of GIT Lecture & SDL Session FA FEEDBACK (SUB-STAGE I ABD)
07/02/26 Saturday	BC4.4- Cholesterol Metabolism	PY4.2,PY4.3 Intestine secretion movements Lecture /SGT	AN 47.5 Caecum & Appendix Lecture	ECE- Diabetes Mellitus
09/02/26 Monday	AN 47.5, 47.6, 52.1 Duodenum & Pancreas; Intestines (Histology) DOAP	AN 45.1, 45.2, 45.3 Posterior Abdominal Wall Lecture	PY 4.4 & 4.5- GIT Hormone Lecture	BC14.19- LFT (Batch-B)
10/02/26 Tuesday	AN 47.5, 47.6, 52.1 Duodenum & Pancreas; Intestines (Histology) DOAP	AN 47.5, 47.6, 52.1 Liver;EHBA & Gall Bladder Intestines (Histology) Lecture	BC-4.5-Lipoproteins	BC14.19- LFT (Batch-A)
11.02.2026 Wednesday	AN 47.5, 47.6, 52.1 Liver; Intestines (Histology) DOAP	AN 47.5, 47.6 Duodenum Lecture	PY 4.4 & 4.5- GIT Hormone Lecture	AN 47.5, 47.6 Liver, EHBA & Gall Bladder DOAP
12/02/26 Thursday	BC14.22- OGTT, HbA1c (Batch-B) PY 4.10 - Clinical examination of abdomenBATCH-A	PY4.4-Digestion and absorption ..lecture	AN 47.5, 47.6 Pancreas Lecture	AN 47.5, 47.7 EHBA & Gall Bladder Lecture & DOAP SESSION
13/02/26 Friday	BC14.22- OGTT, HbA1c (Batch-A) PY 4.10 - Clinical examination of abdomenBATCH-B	PY 4.9-Pathophysiology of peptic ulcer	BC-4.5-Lipoproteins	AN 52.1 Glands of GIT (Histology) AN 47.5 Kidney DOAP
14/02/26 Saturday	BC5.3- Digestion & Absorption of Proteins	PY 4.9-Pathophysiology of peptic ulcer SGT/Lecture	AN 47.5, 47.6 Liver Lecture	ECE ANATOMY
16/02/26 Monday	FA SUB-STAGE II ABDOMEN		PY 4.9-Physiology of Vomiting Lecture	BC14.23- Calculation of energy content of various food items, Glycaemic index (Batch-B) Skill assessment Batch A

## LUNCH BREAK

17/02/26 Tuesday	AN 47.5 Kidney; Suprarenal DOAP	AN 47.8, 47.10, 47.11, 25.6 IVC & Portal vein (incl. development) Lecture		BC5.6- Formation transport & detoxification of ammonia	BC14.23- Calculation of energy content of various food items, Glycaemic index (Batch-A) Skill assessment Batch B	
18.02.2026 Wednesday	AN 47.5 Kidney; Suprarenal DOAP	AN 52.1 Histology- Glands of GIT Lecture		PY 4.9-Adynamic ileus, Hirschsprung's disease Lecture/SGT	PY 8.2-physiology of bone and calcium metabolism SDL	
19/02/26 Thursday	BC5.4- Plasma proteins & their functions (Batch-B) REVISION-PY 4.10 -Clinical examination of abdomenBATCH-A	PY 7.1,7.2-Renal anatomy & blood flow Lecture		AN 52.7 Development of Urinary System Lecture	physiology of	
20/02/26 Friday	BC5.4- Plasma proteins & their functions (Batch-A) REVISION-PY 4.10 -Clinical examination of abdomenBATCH-B	FA Exam PY 6.1 to 6.9		BC5.6- Formation transport & detoxification of ammonia	bone and	
21/02/26 Saturday	CM 3.6.2 national vector borne disease control programme, (LGT) CM 2.1 history taking and physical examination (FAP)	CM 2.1 basic health profile and treatment history of allocated family members, review of FAP, file completion and checking, presentation of family by students, NSS activities visit 4, (batch A) FAP		CM 2.1 basic health profile and treatment history of allocated family members, review of FAP, file completion and checking, presentation of family by students, NSS activities visit 4, (batch A) FAP	calcium	
23/02/26 Monday	AN 51.2 Sagittal section pelvis DOAP	AN 47.5, 47.6 Kidney Lecture		PY-7.3- GFR and regulation Lecture	metabolism	
24/02/26 Tuesday	AN 53.1, 53.2, 53.3, 53.4 Bony Pelvis AN 52.2 Urinary system (Histology) DOAP SESSION	AN 47.5, 47.6 Suprarenal Gland Lecture		BC5.7- Metabolism of amino acids	SDL BATCH A	
25.02.2026 Wednesday	AN 53.1, 53.2, 53.3, 53.4 Bony Pelvis AN 52.2 Urinary system (Histology) DOAP SESSION	AN 52.2 Histology of Urinary system Lecture		PY7.3-Tubular Function Lecture/SGT	AETCOM Physiology	
26/02/26 Thursday	BC6.3- Protein Targetting. (Batch-B) Skill assessment PY 5.12-5.15 BATCH-A DOAP	PY7.3- Tubular Function Lecture/SGT		AN 48.1, 48.3, 48.4 Pelvic Diaphragm & walls Lecture	AN 51.2 Sagittal section pelvis DOAP	
27/02/26 Friday	BC6.3- Protein Targetting. (Batch-A) Skill assessment PY 5.12-5.15 BATCH-B DOAP	PY7.3-Concentration & dilution of urine Lecture/SGT		BC5.7- Metabolism of amino acids	AN 52.2 Histo of Male reproductive System Lecture	
28/02/26 Saturday	CM 3.7 identify features and life cycles of vectors of public health importance and their control measures (seminar), CM 2.4, 2.5 social psychology community behavior, community relationship and their impact on health and disease, poverty, social security measures social problems in the family, global hunger index (FAP)	CM 2.1 basic health profile and treatment history of allocated family members, review of FAP, file completion and checking, presentation of family by students, NSS activities visit 4, (batch B) FAP		CM 2.1 basic health profile and treatment history of allocated family members, review of FAP, file completion and checking, presentation of family by students, NSS activities visit 4, (batch B) FAP	CM 2.1 basic health profile and treatment history of allocated family members, review of FAP, file completion and checking, presentation of family by students, NSS activities visit 4, (batch B) FAP	
02/03/26 Monday	AN 48.2 Pelvis & Urinary bladder AN 52.2 Male reproductive system (Histology) DOAP	AN 49.1, 49.2 Perineum-I Lecture AN 49.3, 49.5 Perineum-II Lecture		PY7.3 Concentration & dilution of urine Lecture/SGT	BC- REVISION (Batch-B) Skill assessment PY 5.12-5.15 BATCH-A DOAP	
04.03.2026 Wednesday	AN 48.2 Pelvis & Urinary bladder AN 52.2 Male reproductive system (Histology) DOAP	AN 49.4 Ischio-rectal Fossa Lecture		PY7.5-Renal regulation of body fluids Lecture	AN 48.2 Pelvis & Urinary bladder AN 52.2 Male reproductive system (Histology) DOAP	
05/03/26 Thursday	BC- Paper chromatography Batch-B Tutorial /SGT Seminar Renal & GIT BATCH-A	PY-7.5-Acid Base regulation Lecture		AN 48.2, 48.5, 48.6 Urinary Bladder Lecture AN 47.5, 48.2 Ureter Lecture	AN 48.2 Pelvis & Urinary bladder AN 52.2 Male reproductive system (Histology) DOAP	
06/03/26 Friday	BC- Paper chromatography Batch-A Tutorial /SGT Seminar Renal & GIT BATCH-B	PY 7.6-Micturition reflex Lecture		BC5.7- Metabolism of amino acids	AN 48.2 Uterus, Ovary & Fallopian Tubes AN 52.2 Female reproductive System (Histology) DOAP SESSION	
07/03/26 Saturday	BC5.9- Porphyrin metabolism	PY7.7 Applied -Renal Lecture/SGT		AN 48.2, 48.5, 48.7 Prostate Lecture	ECE-BC- Atherosclerosis	
09/03/26 Monday	AN 51.1, 54.1, 54.2, 54.3 Radiology of abdomen DOAP	AN 52.8 Development of GUS-I Lecture		PY 8.1- Lecture	BC14.18- protein electrophoresis (Batch-B) Skill assessment BATCH-A DOAP	

10/03/26 Tuesday	AN 51.1, 54.1, 54.2, 54.3 Radiology of abdomen DOAP	AN 52.8 Development of GUS-II Lecture		BC5.9- Porphyrin metabolism	BC14.18- protein electrophoresis (Batch-A) Skill assessment BATCH-A DOAP	
11.03.2026 Wednesday	AN 52.8 Development of GUS (Embryology models)	AN 52.2 Female reproductive System (Histology) Lecture		PY 8.2- Hormones of pituitary Lecture	AN 48.2 Uterus, Ovary & Fallopian Tubes AN 52.2 Female reproductive System (Histology) DOAP SESSION	
12/03/26 Thursday	BC-14.18- ELISA Batch-B PY 8.1&8.2 Tutorial ial /SGT BATCH-A	PY 8.2-Hormones of pituitary Lecture		AN 48.2, 48.5, 48.8 Rectum Lecture	AN 48.2 Uterus, Ovary & Fallopian Tubes AN 52.2 Female reproductive System (Histology) DOAP SESSION	
13/03/26 Friday	BC-14.18- ELISA Batch-A PY 8.1&8.2 Tutorial /SGT BATCH-B	PY 8.2-Hormones of pituitary Lecture		BC5.9 Hemoglobin	AN 48.2, 48.5 Anal canal Lecture	
14/03/26 Saturday	BC5.9 Hemoglobin	PY 8.2-physiology of bone and calcium metabolism Lecture/SGT		AN 48.2, 48.5, 48.8 Uterus Lecture	ECE Physiology visit to Blood bank	
16/03/26 Monday	AN 55.1, 55.2 Surface marking of abdomen DOAP	AN 48.2, 48.5, 48.8 Ovary & Fallopian Tubes Lecture AN 48.2, 48.5, 48.8 Vagina Lecture		PY 8.2-physiology of bone and calcium metabolism Lecture/SGT	BC4.6- Eicosanoids, & their inhibitors Batch-B SGT - PY 7.2 -7.5 Renal system (Batch-A)	
17/03/26 Tuesday	FINAL STAGE ABDOMEN & PELVIS (THEORY)			CLASS TEST-	BC4.6- Eicosanoids, & their inhibitors Batch-A SGT - PY 7.2 -7.5 Renal system (Batch-B)	
18/03/2026 Wednesday	FINAL STAGE ABDOMEN & PELVIS (PRACTICAL)			PY 8.2-physiology of bone and calcium metabolism Lecture/SGT	PY 7.8 Renal function test SDL	
19/03/26 Thursday	BC-12.1- Xenbiotic Batch-B PY 8.1 -8.2 Seminar Tutorial /SGT Endocrinology	PY 8.2-physiology of bone and calcium metabolism Lecture/SGT		AN 27.1, 27.2 Scalp Lecture		
20/03/26 Friday	BC-12.1- Xenbiotic Batch-A PY 8.1 -8.2 Seminar Tutorial /SGT Endocrinology	FA Exam PY 7.1 to 7.7		BC5.5-Immunoglobulins	AN 26.2 Norma Frontalis DOAP AN 27.1, 28.1 Dissection Scalp & face DOAP	
23/03/26 Monday	AN 26.2 Norma Frontalis DOAP AN 27.1, 28.1 Dissection Scalp & face DOAP	AN 28.1, 28.4, 28.6, 28.7 Face-I Lecture		PY 8.2-physiology pancreatic hormone Lecture/SGT	BC12.2 & 12.3- ROS Batch-B PY Skill assessment Batch A	
24/03/26 Tuesday	AN 26.3, 30.1, 30.2 Cranial fossae DOAP	AN 28.2, 28.3, 28.5, 28.8, 28.10 Face-II Lecture		BC5.5-Immunoglobulins	BC12.2 & 12.3- ROS Batch-A PY Skill assessment Batch B	
25.03.2026 Wednesday	AN 56.1 Meninges & Dural Folds DOAP	AN 56.1 Meninges Lecture		PY 8.2-physiology pancreatic hormone Lecture	PY 8.2- physiology pancreatic hormone SDL	
26/03/26 Thursday	REVISION- BC12.2 & 12.3- ROS Batch-B SGT - PY 9.9-9.12 reproductive system (Batch-A)	PY 8.2-physiology adrenal hormone Lecture		AN 30.1 Dural Folds Lecture	AN 56.1 Meninges & Dural Folds DOAP	
28/03/26 Saturday	CM 3.8 commonly used insecticides and rodenticide, mode of action, resistance and their toxicity (LGT), CM 3.1 health hazards of air water noise, radiation pollution (LGT)	formative assessment (SGT)		CM 5.1 changing concept in nutrition, classification of foods, micro and macro nutrients, sources and requirement according to age, sex, activity and physiological conditions (LGT)	CM 5.3 nutrition profile of principle food, nutrition related disorders, micro and macro nutrient deficiency, including PEM, vitamin A deficiency, B complex vitamins, vitamin C and D, fluorosis, iron (seminar)	
30/03/26 Monday	AN 26.3, 30.1, 30.2 Cranial fossae DOAP	AN 30.3, 30.4 Dural Venous sinuses Lecture		PY 8.2-physiology thyroid hormone Lecture	BC-6.1- ECM Batch-B SGT - PY 9.9-9.12 reproductive system (Batch-A)	
31/03/26 Tuesday	AN 30.1, 30.2, 31.1, 31.2 Cranial cavity & Orbit DOAP	AN 31.1 Orbit I Lecture		BC7.1 & 7.2-ETC	BC-6.1- ECM Batch-A SGT - PY 9.9-9.12 reproductive system (Batch-B)	
01.04.2026 Wednesday	AN 30.1, 30.2, 31.1, 31.2 Cranial cavity & Orbit DOAP	AN 31.2 Orbit II Lecture		PY 8.2- physiology thyroid hormone Lecture	Lecture AN 31.3, 31.4, 31.5 Orbit III Lecture	
02/04/26 Thursday	BC- REVISION BC12.2 & 12.3- ROS Batch-A Physiology Seminar/ Tutorial /SGT - (Batch-A)	PY 9.1,9.2 sex determination .Puberty Lecture		AN 64.2, 64.3 Development of CNS Lecture	AN 7.1, 62.6 Base of brain DOAP AN 62.2 Cerebrum (sulci & gyri) DOAP	
04/04/26 Saturday	BC7.1 & 7.2-ETC	PY 9.3- Male Reproductive System Lecture /SGT		AN 62.2 Cerebrum I Lecture	ECE	

06/04/26 Monday	SUB-STAGE-I (HEAD & NECK)	
07/04/26 Tuesday	AN 62.2 Cerebrum (sulci & gyri) DOAP	AN 62.2 Cerebrum II Lecture
08.04.2026 Wednesday	AN 57.1 Spinal cord DOAP	AN 57.1, 57.2 Spinal cord I Lecture
09/04/26 Thursday	BC- Vitamin -A & D Batch-B Physiology Seminar/ Tutorial /SGT - (Batch-B)	PY 9.5-sex hormones-SDL
10/04/26 Friday	BC- Vitamin -A & D Batch-A Physiology Seminar/ Tutorial /SGT - (Batch-A)	PY9.7- ,PY 9.8 Physiology of pregnancy, parturition & lactation Lecture
11/04/26 Saturday	BC9.3- Acid Base Balance	PY9.7-,PY 9.8-Physiology of pregnancy, parturition & lactation Lecture/SGT
13/04/26 Monday	AN 58.1, 59.1, 61.1 Brainstem DOAP Internal features	AN 64.1 Histology of CNS Lecture
16/04/26 Thursday	BC- Minerals Batch-B REVISION PY 5.2 Batch-A	PY 9.9- PY9.12 Infertility & applied Lecture
17/04/26 Friday	BC- Minerals Batch-A REVISION PY 5.2 Batch-B	FA Exam PY 8.1 & 8.2
18/04/26 Saturday	CM 5.2 nutritional assessment of individuals family and community (LGT), CM 5.6.1 national nutritional policy (Seminar)	CM 5.6.2 national nutritional programme including ICDS (tutorial)
20/04/26 to 25/04/26	TERM-II EXAMINATION	
27/04/26 Monday	AN 58.1, 59.1, 61.1 Brainstem DOAP Internal features AN 60.1, 63.1 Cerebellum & 4th ventricle AN 64.1 Histology of CNS DOAP	AN 58.3, 58.4 Medulla II Lecture
28/04/26 Tuesday	AN 58.1, 59.1, 61.1 Brainstem DOAP Internal features	AN 59.1, 59.2, 59.3 Pons Lecture
29.04.2026 Wednesday	AN 61.1, 61.2, 61.3 Midbrain SDL Activity	AN 61.1, 61.2, 61.3 Midbrain Lecture
30/04/26 Thursday	BC- Revision (Batch-B) PY Skill assessment Batch A	PY10.2Functions & properties of reflex and receptors Lecture
02/05/26 Saturday		PY 10.2-Somatic sensations & sensory tracts Lecture/SGT
04/05/26 Monday	AN 62.3, 62.4, 62.5 Horizontal section Brain AN 63.1, 63.2 Lateral ventricle DOAP	AN 62.5 Thalamus Lecture
05/05/26 Tuesday	REVISION Neuroanatomy	AN 62.4 Basal ganglia Lecture
06.05.2026 Wednesday	SUB-STAGE-I ( Neuroanatomy)	
07/05/26 Thursday	BC14.22- OGTT and HbA1c Batch-B PY 10.11- Examination of higher functions DOAPBATCH-A	PY 10.6- Spinal cord & lesions Lecture

PY9.4- ovary and its control Lecture	BC8.1 WATER SOLUBLE VITAMINS BATCH B Physiology Seminar/ Tutorial /SGT - (Batch-A)	
BC9.3- Acid Base Balance	BC8.1 WATER SOLUBLE VITAMINS BATCH -A Physiology Seminar/ Tutorial /SGT - (Batch-B)	
PY9.4-menstrual cycle lecture	AN 57.1 Spinal cord DOAP	
AN 57.3, 57.4 , 57.5 Spinal cord II Lecture	AN 57.1 Spinal cord DOAP	
BC9.3- Acid Base Balance	AN 58.1, 59.1, 61.1 Brainstem DOAP	
AN 62.1 Cranial nerve nuclei Lecture	ECE Physiology Visit to Dialysis centre	
PY 9.6- contraceptive methods (Community medicine )lecture	REVISION- BC- Vitamin -A & D Batch-B Seminar/ Tutorial /SGT - (Batch-A)	
AN 58.1, 58.2 Medulla I Lecture	AN 58.1, 59.1, 61.1 Brainstem DOAP Internal features	
BC- REVISION	AN 60.1, 63.1 Cerebellum & 4th ventricle AN 64.1 Histology of CNS DOAP FA FEEDBACK SUBSTAGE HEAD & NECK	
CM 5.8.1 food fortification methods, food toxicants, adulteration of foods, prevention of food adulteration act 1954 (LGT)	CM 5.8.2 food hygiene, food standars, food borne diseases, (Seminar)	
TERM-IIEXAMINATION		
PY 10.1 Organization of nervous system Lecture	BC- Cell cycle and apoptosis (Batch-B) Skill assessment Batch A	PY
BC- Mechanism of action of Hormones	BC- Cell cycle and apoptosis (Batch-A) Skill assessment Batch B	PY
PY10.2Functions & properties of reflex and receptors Lecture	PY 8.2 physiology pancreatic hormone SDL BATCH-B	
AN 63.1, 63.2 4th Ventricle Lecture	AN 62.3, 62.4, 62.5 Horizontal section Brain DOAP	
AN 60.1, 60.2. 60.3 Cerebellum Lecture	ECE- Integration of Metabolism in fed and Fasting States.	
PY 10.2Somatic sensations & sensory tracts Lecture	BC14.18- DNA Isolation Batch-B PY 10.11-Introduction to CNS DOAP BATCH-A	
BC- Mechanism of action of Hormones	BC14.18- DNA Isolation Batch-A PY 10.11 Introduction to CNS DOAP BATCH-B	
PY10.3-sensory tracts & somatic sensations lecture	AN 26.2 Norma basalis DOAP	
AN 62.3 Fibers of Cerebrum Lecture	AN 26.2 Norma basalis DOAP	

08/05/26 Friday	BC14.22- OGTT and HbA1c Batch-A PY 10.11- Examination of higher functions DOAPBATCH-B	PY 10.6- Spinal cord & lesions Lecture
09/05/26 Saturday		PY 10.6- Spinal cord & lesions Lecture/SGT
11/05/26 Monday	AN 63.3, 62.4 Reticular form & Limbic system DOAP	AN 62.6, 56.2, 63.2 Bld supply brain & CSF circulation Lecture
12/05/26 Tuesday	<b>FINAL STAGE Neuroanatomy (THEORY)</b>	
13.05.2026 Wednesday	<b>FINAL STAGE Neuroanatomy (PRACTICAL)</b>	
14/05/26 Thursday	BC- Basis & rationale of Biochemical test done interpretation of Lab results done in renal failure Batch-B PY-Tutorial/SGT BATCH-A	PY10.4-muscle receptors ,muscle tone Lecture/SGT
15/05/26 Friday	BC- Basis & rationale of Biochemical test done interpretation of Lab results done in renal failure Batch-B PY-Tutorial/SGT BATCH-B	FA Exam PY 10.1 TO 10.4
16/05/26 Saturday	CM 5.15 role of nutrition in health promotion and disease prevention, nutritional problems in public health, nutritional factors in selected diseases (seminar), CM 5.16, 5.22 breast feeding and complementary feeding (seminar)	formative assessment (seminar)
18/05/26 Monday	AN 29.1, 29.4 Posterior Triangle of neck DOAP SESSION	AN 29.1, 29.2, 29.3 Posterior triangle-I Lecture
19/05/26 Tuesday	AN 32.1, 32.2 Anterior Triangle of neck DOAP SESSION	AN 29.1, 29.2, 29.3 Posterior triangle-II Lecture
20.05.2026 Wednesday	AN 32.1, 32.2 Anterior Triangle of neck DOAP SESSION	AN 32.1, 32.2 Anterior triangle I Lecture
21/05/26 Thursday	BC13.1- Oncogencs & P 53 Batch-B TUTORIAL:PY 10.11sensory system BATCH-A	PY10.7-cerebellum lecture
22/05/26 Friday	BC13.1- Oncogencs & P 53 Batch-A TUTORIAL:PY 10.11- sensory system BATCH-B	PY10.7-cerebellum lecture/SGT
23/05/26 Saturday	CM 2.3 barriers to good health and health seeking behavior (tutorial), CM 2.5, 1.10 economics and economic level, social security measures, doctor patient relationship (tutorial)	Formative assessment (SGT)
25/05/26 Monday	AN 26.5, 26.7 Cervical vertebrae DOAP	AN 42.2, 42.3 Sub-occipital triangle Lecture
26/05/26 Tuesday	AN 34.1, 34.2 Submandibular region AN 36.4 Mandible DOAP SESSION	AN 34.1, 34.2, 34.3 Submandibular region I Lecture
28/05/26 Thursday	BC14.5- In born Errors of Metabolism Batch-B PY 10.11 Tutorial Motor system SGT BATCH-B	PY 10.4-posture and equilibrium & vestibular apparatus Lecture
29/05/26 Friday	BC14.5- In born Errors of Metabolism Batch-B	PY10.7-Basal ganglia Lecture/SGT
30/05/26 Saturday		PY10.7-Basal ganglia Lecture/SGT
01/06/26 Monday	AN 28.9, 35.2 Parotid gland & Thyroid gland DOAP SESSION	AN 35.3, 35.4, 35.9 Blood vessels of H&N Lecture

CLASS TEST	AN 62.5, 63.1 Hypothalamus & 3rd Ventricle Lecture	
AN 63.1, 63.2 Lateral ventricle Lecture	PY10.3- pain sensations SDL BATCH-A	
PY10.3- pain sensations lecture	BC14.21 - Quality Control Batch-B PY-Tutorial/SGT BATCH-A	
BC10.2-Nucleic acid,synthesis of purines & its regulations	BC14.21 - Quality Control Batch-B PY-Tutorial/SGT BATCH-B	
PY10.3- pain sensations lecture	AN 43.4 Pharyngeal arches I Lecture	
AN 43.4 Pharyngeal arches II Lecture	AN 43.4 Pharyngeal arches (Embryology Models)	
BC10.2-Nucleic acid,synthesis of purines & its regulations	AN 29.1, 29.4 Posterior Triangle of neck DOAP SESSION	
CM 2.2 definition of family and its types, lifecycle, family in health and disease, cultural factors in health and disease (LGT)	CM 2.4 social psychology, social organization, community, community services, community relationship and its impact on health and disease, art of interviewing, operational research (Seminar)	
PY10.5- reticular activating system lecture	BC- Biochemical tumor markers & Basis of cancer therapy Batch-B PY 10.11-Examination of sensory system DOAP BATCH-A	
BC- DNA / RNA Structure	BC- Biochemical tumor markers & Basis of cancer therapy Batch-A PY 10.11 Examination of sensory system DOAP BATCH-B	
PY10.7- thalamus lecture	PY10.3- pain sensations SDL BATCH-B	
AN 32.1, 32.2 Anterior triangle II Lecture	AN 73.1, 73.2, 73.3, 74.1, 74.2, 74.3 Genetics I Lecture & SDL Activity	
BC-Replcation of DNA	AN 74.4, 75.1, 75.2, 75.3, 75.4, 75.5 Genetics II Lecture Lecture & SDL Activity	
CM 1.1 Definition of public health, changing concept of health, biomedical, ecological, psycho-social and holistic concept (LGT)	CM 1.2 Definition of health, dimensions of health including spital health, relative health, determinants of health, ecology of health, right to health, health and development (LGT)	
PY 10.4- posture and equilibrium & vestibular apparatus Lecture	BC13.4 - Metabolism of Alcohol Batch-B PY 10.11- Examination of Motor system DOAPBATCH-A	
BC10.4- Transcription of DNA	BC13.4 - Metabolism of Alcohol Batch-A PY 10.11-Examination of Motor system DOAPBATCH-B	
AN 34.1, 34.2, 34.3 Submandibular region II Lecture	AN 32.1, 32.2 Submandibular region AN 36.4 Mandible DOAP SESSION	
BC10.4 - Transalation	substage II (head n neck)	
AN 28.9, 28.10 Parotid gland Lecture		
PY 10.7 Hypothalamus Lecture	BC- Heme Metabolism & Porphyria & Jaundice Batch-B PY 10.11- examination of reflexes DOAPBATCH-A	

02/06/26 Tuesday	AN 33.1, 33.2 Infratemporal fossa DOAP	AN 43.2 Histology of Endocrine system Lecture		BC10.4 - Transalation	BC- Heme Metabolism & Porphyria & Jaundice Batch-A PY 10.11- examination of reflexes DOAPBATCH-B	
03.06.2026 Wednesday	AN 33.1, 33.2 Infratemporal fossa; AN 43.2 Histology Endocrine sys DOAP	AN 33.1, 33.2 Infratemporal fossa I Lecture		PY10.7- limbic system lecture	AN 33.4 Infratemporal fossa II Lecture	
04/06/26 Thursday	BC- Heme Metabolism & Porphyria & Jaundice Batch-B PY 10.11 Tutorial higher functions BATCH-A	PY10.8- sleep disorders LECTURE		AN 35.2, 35.8 Thyroid gland Lecture & SDL Activity	AN 33.1, 33.2 Infratemporal fossa; AN 43.2 Histology Endocrine sys DOAP	
05/06/26 Friday	BC- Heme Metabolism & Porphyria & Jaundice Batch-A PY 10.11 Tutorial higher functions BATCH-B	PY10.8- sleep disorders LECTURE		BC106- Genetic code mutation	AN 33.1 Pterygopalatine fossa DOAP	
06/06/26 Saturday		PY10.9-Language and speech Lecture/SGT		AN 43.4 Development of face, nose & palate Lecture	ECE-GOUT	
08/06/26 Monday	AN 43.4 Devp of face, nose & palate EMBRYO MODELS AN 39.1, 39.2 Tongue Lecture & Case discussion	AN 43.2 Histology of Tongue & Salivary glands Lecture		PY10.9-learning & memory Lecture	BC- Abnormal Urine Batch-B PY 10.11 Tutorial BATCh-A	
09/06/26 Tuesday	AN 28.4, 28.7 Facial Nerve; AN 35.7 Vagus nerve; AN 35.6, 35.7 Glossopharyngeal N & Symp chain CASE DISCUSSION	AN 28.4, 28.7 Facial Nerve; AN 35.7 Vagus nerve; AN 35.6, 35.7 Glossopharyngeal N & Symp chain CASE DISCUSSION		CLASS TEST	BC- Abnormal Urine Batch-A PY 10.11Tutorial BATCh-B	
10.06.2026 Wednesday	AN 43.2 Histology of Tongue & Salivary glands DOAP	AN 36.1, 36.2 Soft palate Lecture		PY10.9-learning& memory Lecture/SGT	AN 43.2 Histology of Tongue & Salivary glands DOAP	
11/06/26 Thursday	BC- ABG Analyzer Batch-B Examination of 1st cranial nerve DOAP BATCH-A	PY10.10-neurotransmitter Lecture		AN 36.2, 36.4 Palatine tonsil Lecture	AN 36.1, 36.3, 36.4 Sagittal section H&N AN 43.2 Histology of Tongue & Salivary glands DOAP	
12/06/26 Friday	BC- ABG Analyzer Batch-B Examination of 1st cranial nerve DOAP BATCH-B	PY10.12-EEG forms lecture		BC10.7- Molecular Technology recombinant DNA , PCR	AN 36.1, 36.3, 36.4 Sagittal section H&N AN 43.2 Histology of Tongue & Salivary glands DOAP	
13/06/26 Saturday		PY11.11-brain death lecture		AN 36.3, 36.4, 36.5 36.6, 36.7 Pharynx Lecture		
15/06/26 Monday	SUB-STAGE-III (Head & NECK)			PY10.17- Eye LectureT	BC- Structure functions & disorders of Immunoglobulins, Cellular & Humoral immunity Batch-B PY 10.11-Examination of 2 cranial nerve DOAP BATCh-A	
16/06/26 Tuesday	p	AN 38.1, 38.2 Larynx I Lecture		BC10.7- Molecular Technology recombinant DNA , PCR	BC- Structure functions & disorders of Immunoglobulins, Cellular & Humoral immunity Batch-A PY 10.11-Examination of 2 cranial nerve DOAP BATCh-B	
17.06.2026 Wednesday	AN 43.5, 43.6 Surface marking DOAP	AN 41.1, 41.2, 41.3, 43.2, 43.3 Eyeball (Gross & histology) Lecture		PY10.17- Eye Lecture/SGT	PY11.11-brain death SDL	
18/06/26 Thursday	BC- Structure functions & disorders of Immunoglobulins, Cellular & Humoral immunity Batch-B PY 10.11- Tutorial /SGT BATCh-A	PY 10.15-Hearing Lecture/SGT		AN 37.1 Nasal cavity Lecture	AN 43.7, 43.8, 43.9 Radiology; Special senses (Histo) DOAP	
19/06/26 Friday	BC- Structure functions & disorders of Immunoglobulins, Cellular & Humoral immunity Batch-A PY 10.11-Tutorial /SGT BATCh-B	FA Exam PY 10.4 to PY 10.17		BC10.7- Molecular Technology recombinant DNA , PCR	AN 43.7, 43.8, 43.9 Radiology; Special senses (Histo) DOAP	
20/06/26 Saturday	CM 1.3 Germ theory of disease, epidemiological triad, concept of causation- multifactorial (LGT), CM 1.4 natural history of disease: pre-pathogenesis and pathogenesis phase(LGT)	CM 1.5 concept and levels of prevention and interventions at various levels of prevention (LGT)		CM 1.7 enumerate and describe various health indicators (LGT)	CM 1.8, 9.1 define demography, demographic cycles, demographic profile in India and its impact on health (tutorial)	
22/06/26 Monday	AN 43.7, 43.8, 43.9 Radiology; Special senses (Histo) DOAP	AN 40.1, 40.5 Ear I Lecture		PY 10.15-Hearing Lecture/SGT	BC- Estimation of Serum Glucose/ Urea/ Uric Acid Bsbatch-B PY 10.11 Examination of 8th cranial nerve DOAP BATCh-A	
23/06/26 Tuesday	Revision Head & Neck	AN 43.4 Development of eye & ear Lecture & Models		BC10.5- DNA Replication & Repair	BC- Estimation of Serum Glucose/ Urea/ Uric Acid Bsbatch-A PY 10.11 Examination of 8th cranial nerve DOAP BATCh-B	

24.06.2026 Wednesday	FINAL STAGE head and neck (THEORY)	
25/06/26 Thursday	Revision-Examination of 1st cranial nerve DOAP BATCH-A	PY 11.6 Physiology of infancy Lecture
27/06/26 Saturday	CM 1.6, 4.1, 4.2 concept of health promotion and education, health communication, health education and behavior change communication (LGT) CM 4.3 steps in evaluation of health promotion and education programme (LGT)	CM 9.4 causes and consequences of population explosion and population dynamics of India (LG)
30/06/26 Tuesday	AN 15.3, 15.4 Femoral Triangle; AN 14.1, 14.2 Hip bone , Patella DOAP SESSION	AN 15.3, 15.4 Femoral Triangle Lecture
01.07.2026 Wednesday	AN 15.2, 15.5 Adductor Compt of Thigh AN 15.5 Adductor Canal DOAP SESSION	AN 15.2, 15.5 Adductor Compartment of Thigh Lecture
02/07/26 Thursday	PY 10.11-3,4,6 NERVE DOAP BATCH-A	PY 11.4 cardio-respiratory and metabolicadjustment during exercise Lecture
03/07/26 Friday	PY 10.11- 3,4,6 NERVE DOAP BATCH-B	PY 11.4 cardio-respiratory and metabolicadjustment during exercise Lecture
04/07/26 Saturday		Seminar Sensory physiology SGT
06/07/26 Monday	AN 16.4, 16.5 Back of Thigh AN 14.1, 14.2, 14.3 Fibula DOAP SESSION	AN 20.3, 20.5, 19.3 Venous Drainage of Lower Limb Lecture
07/07/26 Tuesday	AN 16.6 Popliteal Fossa DOAP SESSION	AN 16.6 Popliteal Fossa- Lecture
08.07.2026 Wednesday	AN 18.1, 18.2, 18.3, 14.4 Leg; Articulated Foot DOAP SESSION	AN 17.1, 17.2, 17.3 Hip Joint- Lecture & SDL activity
09/07/26 Thursday	PY 10.11 9,10,11,12 NerveDOAP BATCH-A	PY 11.12 Meditation Lecture
10/07/26 Friday	PY 10.11 9,10,11,12 Nerve DOAP BATCH-A	PY 11.7 free radical & antioxidants Lecture
11/07/26 Saturday		PY 11.7 free radical & antioxidants Lecture/SGT
13/07/26 Monday	AN 20.2 Subtalar Joint Lecture Case discussion LL SDL	AN 20.1 Ankle & tibia Fibular Joint AN 19.5, 19.6 Arches of Foot Lecture
14/07/26 Tuesday	FINAL STAGE LOWER LIMB (THEORY)	
15.07.2026 Wednesday	FINAL STAGE LOWER LIMB (PRACTICAL)	
16/07/26 Thursday		
17/07/26 Friday		
18/07/26 Saturday		
20/07/26 Monday		
21/07/26 Tuesday		
22.07.2026 Wednesday		
23/07/26 Thursday		
24/07/26 Friday		

